

A man with dark hair and a light beard is looking out of a window. He is wearing a white long-sleeved shirt under a brown, tan, and blue striped knit sweater vest. The background is a blurred view of greenery outside the window.

# alberta

by JARED FLOOD

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## GAUGE

4.5 stitches and 6 rows per inch in stockinette stitch

## SIZES

finished garment at chest measures 37 (41, 45, 49, 53) inches  
designer recommends 2-3 inches of ease

## MATERIALS

approximately 150 (150, 150, 200, 200) g of worsted-weight wool  
in each Main Color (MC) and Contrast Color (CC)

100 grams worsted wool in Trim Color (TC)

sample shown uses a solid for MC (Oatmeal) & TC (Brown) and a  
self-stripping yarn for CC

## NEEDLES

one 16" & 32" circule needle in size needed to obtain gauge  
suggested size US 8 (5.0mm)

## TOOLS

stitch markers, a few short lengths of waste yarn  
crochet hook or sewing machine for securing steeks  
sharp scissors for cutting



# PATTERN

NOTE: This vest is worked completely in the round from bottom-up and shaped using steeks. Armholes and neck steeks are cut and stitches are picked up around each opening and trimmed with 1x1 ribbing using Trim Color.

With larger circular needle and Trim Color (TC), Cast On 150 (166, 182, 198, 214) sts (a Tubular Cast On is recommended). Place marker (m) and join into round.

Round 1: \*k1, p1; repeat from \* around  
Repeat Round 1, establishing 1x1 ribbing, until work measures 2" from CO edge.

Switch to Main Color (MC) and knit one round

With MC, knit next round increasing 16 (20, 20, 24, 24) stitches evenly spaced around. [166 (186, 202, 222, 238) sts on needle]

Begin working stripes

Rounds 1 & 2: With CC, knit all sts

Rounds 3 & 4: With MC, knit all sts

Repeat last four rounds, establishing 2-row stripe motif until work measures 14 (14, 14.5, 15, 15)" from CO.

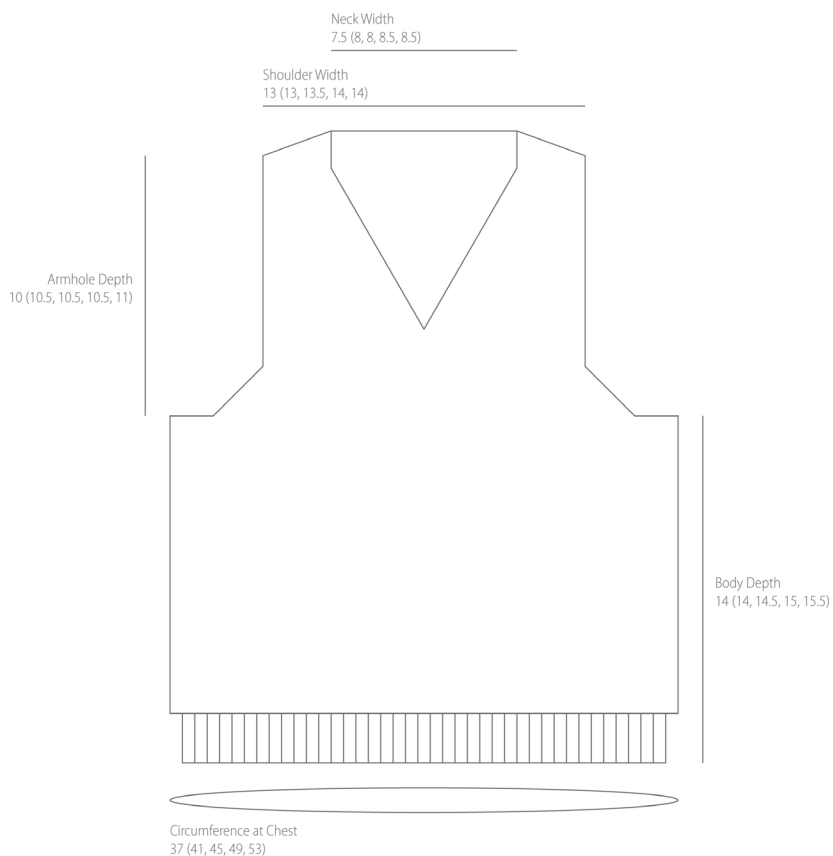
Carry unused yarn up the inside of work along seam line. Do not break yarn when changing colors.

Maintain Stripping Sequence throughout remainder of garment until instructed otherwise.

## ESTABLISH ARMHOLE STEEKS

Next Round: remove marker, slip first 6 (7, 8, 9, 9) sts to waste yarn, replace marker (this indicates new beg of round), knit 71 (79, 85, 93, 101) sts, slip next 12 (14, 16, 18, 18) sts to waste yarn, place steek marker (sm), CO 5 sts using firm backward loops, place another sm, knit until 6 (7, 8, 9, 9) sts rem in round, slip these sts onto waste yarn (same waste yarn as beg of round), place sm, CO 5 sts using firm backward loops. Join work to beg of round

You have now placed your live underarm sts onto waste yarn and casted on 5-stitch steeks in their place, which have been "fenced-in" by stitch markers so that you will be able to recognize where your steeks are and where your decreases must be worked. It is recommended to use a marker of an alternate color to indicate the beginning of round.





### SHAPE ARMHOLES

Round 1: \*k1, k2tog, knit until 3 sts rem before next sm, ssk, k1, slip marker, k5, slip marker; repeat once more from \*

Repeat last round, shaping set-in armhole until 59 (59, 61, 65, 65) sts remain between steeks on both front and back. [128 (128, 132, 140, 140) sts on needle, including steek sts]

Next Round: knit all sts

Repeat last round until yoke measures 4 (4, 4, 4, 4.5)" from underarm stitches.

Setup Neckhole Steek:

Next Round: knit 28 (28, 29, 31, 31) sts, place next 3 sts onto waste yarn to be held for later. Place steek marker (sm), using firm backward loops CO 5 sts, place another sm, knit to end of round.

You have now set aside 3 sts at center front and established a 5-stitch steek for neckhole opening. You will now begin shaping the V-neck opening around these steek sts. [There are now a total of 6 markers being used to indicate steek placement, one of which doubles as the beginning of round]

### SHAPE V-NECK

Round 1: k all sts

Round 2: k until 3 sts rem before 1<sup>st</sup> sm (neck steek), ssk, k1, slip marker, k5, slip marker, k1, k2tog, k to end of round [2 sts decreased]

Repeat last 2 rounds until 13 (12, 12, 13, 13) sts rem between beg of round and neck steek (beg of round and 1<sup>st</sup> st marker)

Continue knitting all rounds until yoke measures 10 (10.5, 10.5, 10.5, 11)" from underarm sts.

## SHAPE SHOULDERS

Cease working striping sequence – only work shoulder short rows with ONE COLOR.

Row 1 (RS): k until 2 sts rem before 1<sup>st</sup> armhole steek, wrap st and turn work

Row 2 (WS): p until 2 sts rem before beg of round, wrap st and turn

Row 3 (RS): k until 3 sts rem before prev wrap. Wrap and turn

Row 4 (WS): p until 3 sts rem before prev wrap. Wrap and turn.

Repeat Rows 3 & 4 once more.

Next Round: knit to first armhole steek, slip marker, k5, slip marker. Stop.

Work Short Rows for shoulder backs as for fronts (above).

Knit from current location to beg of round

Next Round: knit to neckhole steek, remove marker, BO 5 steek sts, remove marker, k to first armhole steek, remove marker, BO 5, armhole steek sts, remove marker, k 13 (12, 12, 13, 13), bind off 33 (35, 37, 39, 39) sts for back neck, knit to last armhole steek, remove marker, BO 5 armhole steek stitches,

With RS facing, using kitchener stitch, graft 13 (12, 12, 13, 13) sts of R shoulder front to mirroring sts of R shoulder back. Repeat for Left Shoulder.

Secure steeks using crochet method or machine method (as you prefer). Cut steeks down center stitch, creating armhole and v-neck openings.

## WORK ARMHOLE BANDS

Right Armhole

Slip underarm sts from waste yarn onto 16" circular needle. Starting at bottom L of armhole (to the left of underarm sts) and using TC, begin picking up 2 stitches for every 3 rows around armhole until you reach underarm again, making sure to pick up an even number of sts. Place marker and join into round.

Round 1: \*k1, p1; repeat from \* around

Repeat last round, establishing 1x1 rib until armhole band measures 1".

Bind off all sts (Tubular Bind off recommended.)

Repeat instructions for Left Armhole.

## WORK NECKBAND

Slip 3 center neck sts from waste yarn onto 16" circular needle. Starting at bottom L of neck opening (just to the left of held sts) and using TC, begin picking up 2 sts for every 3 rows up side neck until you reach shoulder seam. Pick up 29 (31, 33, 34, 35) sts across back neck, continue picking up 2 sts for every 3 rows down remaining side neck sts. Place marker and join into round, making sure you have an odd number of sts on needle.

Next Round: Sl1, k2tog, pass slipped st over [you have just worked a centered double decrease], \*k1, p1; repeat from \* around establishing ribbing

Next Round: work in 1x1 ribbing as established by the prev round

Repeat the last two rounds, working a centered double decrease at bottom-center of v-neck opening every other round, until Neck Band measures 1".

Bind off all sts (Tubular Bind Off recommended).

Weave in all ends. Tack down facings if it pleases you. Block to measurements.

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